



# Spa etiquette

## General Information

- Please note that the use of our DAS TEGERNSEE | spa is at your own risk.
- To avoid injuries, we kindly ask you to not use glasses, glass bottles, cans or other breakable or dangerous objects in the spa area.
- For securing your own health and the general hygiene, we advise you to always wear bathing sandals in the spa area. Be careful when entering the wet areas - the floors might be slippery!
- To ensure total relaxation for you as well as for other guests, please do not use any mobile devices or radios in the spa area. In addition to that, we kindly ask you to keep the volume of conversations low.
- Please note that the DAS TEGERNSEE | spa is a non-smoking area. You can find an ashtray when leaving the upper relaxation zone in the direction of the upper sun terrace.
- The upper sun terrace may also be used textile-free.
- Please do always use a towel as underlay. We kindly ask you to not "reserve" any loungers.
- For technical questions or in case of emergency, please do not hesitate to contact our spa team immediately.

## Sauna

- For general hygiene and medical reasons, please always take a shower before using the saunas.
- Using the saunas and the steam bath is only allowed textile-free.
- Please do always use a towel as underlay in the saunas.
- While using the saunas, please keep the high temperatures between 40° C on the floors and up to 110° C on the ceilings in mind - consider your personal health!
- It is strictly prohibited to touch the sauna ovens - risk of burning!

## Pool

- For general hygiene and medical reasons, please always take a shower before using the pool area.
- The pool area may only be used wearing swimwear.



## Fitness

- For safety reasons you may only train on our exercise equipment wearing sportswear and appropriate shoes.
- Please do always use a towel as underlay on the exercise equipment.
- For general hygiene and medical reasons, we kindly ask you to use the provided disinfectants after using the equipment.

## Children and young guests

Dear families,

we are delighted to welcome you with your little ones in our DAS TEGERNSEE | spa.

Please note that the well-being of your child as well as its appropriate behavior towards other guests is in your authority. Therefore, please keep the compliance of the following points in mind:

- We welcome children up to their 12<sup>th</sup> birthday – if constantly accompanied by a guardian – from 7 a.m. till 5 p.m. in our pool area, the lower sun terrace as well as the indoor saunas. Attention is to be paid to a reduced volume.
- We welcome young guests from their 13<sup>th</sup> up to their 15<sup>th</sup> birthday in the just mentioned areas all day.
- Please note that the relaxation areas, the textile-free upper sun terrace as well as the panorama sauna are exclusively available to guests upon their 16<sup>th</sup> birthday.
- Jumping from the edge of the pool as well as running in the whole spa area is not allowed – wet floors bear the risk of slipping and injuries!
- To secure the health of your toddler as well as the general hygiene in our spa, please put swim nappies on your toddler.
- Children upon their 3<sup>rd</sup> birthday must wear appropriate swim attire. Furthermore, our spa team is happy to provide your little ones with children-sized bathrobes and slippers.
- Due to security reasons, our fitness area may only be used by guests upon their 16<sup>th</sup> birthday.

Thank you for your cooperation and understanding that our spa team is encouraged to ensure compliance with these guidelines.

We wish you a decelerating time at a place between heaven and earth.

Please do not hesitate to contact us in case of any further wishes or questions.

With kind regards,

Your  
DAS TEGERNSEE | spa team